To support those who are isolating at home

LEGILLE TASS PAPATOETOE INTERMEDIATE 2022

Remember: We are a STAR school.

SAFETY - TRUST - ATTITUDE - RESPECT

MY DAILY LEARNING

Each day choose at least one activity from each of the following:







Now pick check out the <u>'other'</u> cool activities on offer!

GOT QUESTIONS?

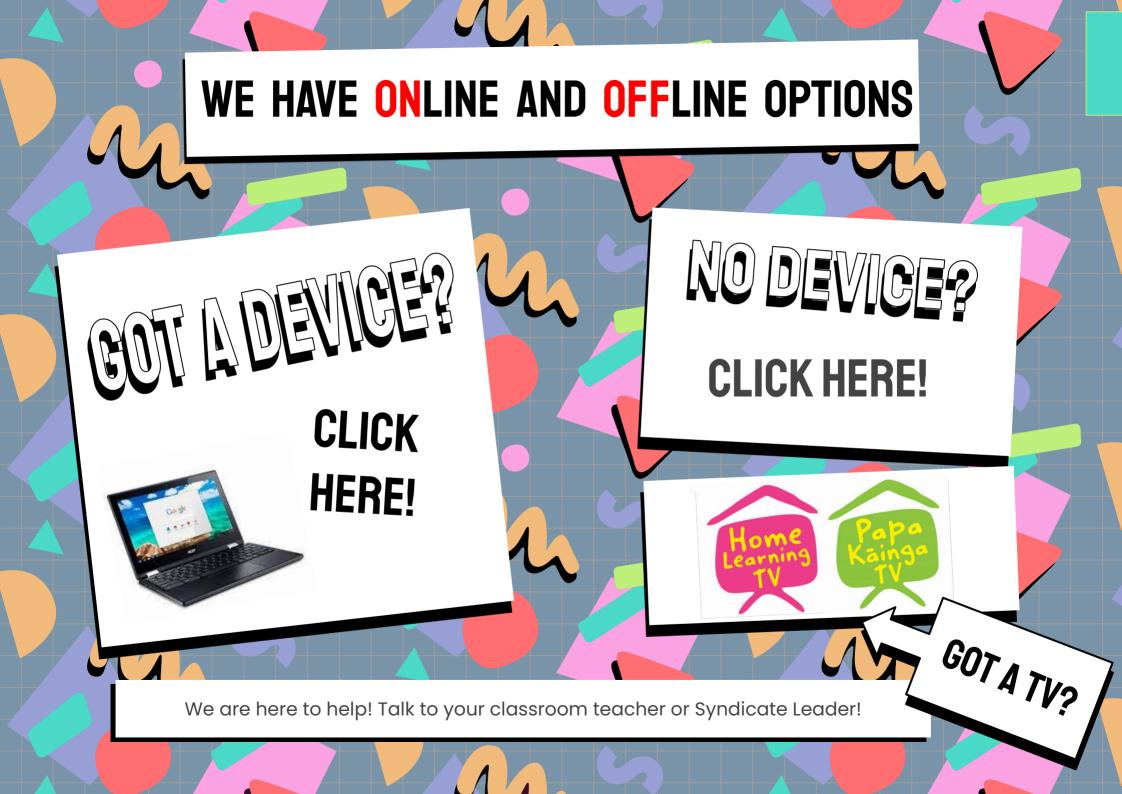
What if I have my own computer at home?

You can do your Maths Whizz, Stepsweb and other online tasks the same as if you were at school.

What if I am stuck or need to ask a question?

Your teacher may still be teaching the kids at school.

However, if you have a question, you can still send an email, or ask in Google Classroom. They will get back to you when they can.

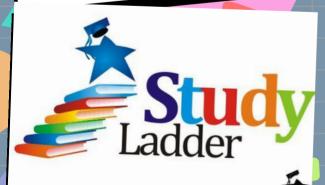




Check out these digital resources during Reading time!

Click on image to visit the site!





READING





Remember you can ask your teacher for help to log in.



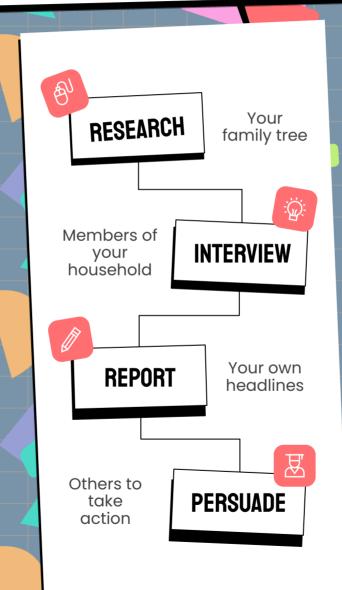


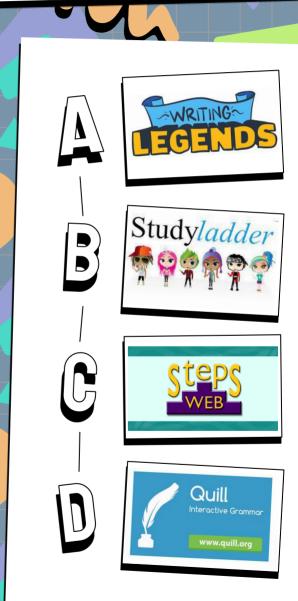




WRITING - DIGITAL OPTIONS





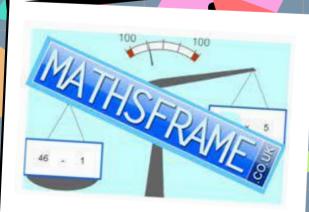




Check out these digital resources during Reading time!

Click on image to visit the site!





MATHEMATICS

HEAD HERE FIRST BEFORE EXPLORING THE OTHER OPTIONS

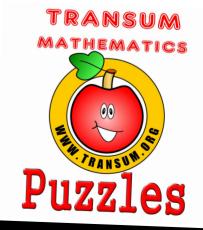




Remember: Your teacher is here to help!









NO DEVICE FOR READING?

TRY OUR READING BINGO!

Read a book with a flashlight	Read a funny book	Read a poem	Read aloud using funny voices
Read a book to an animal (real or stuffed)	Read a fairy tale	Read a book outside	Read a book during breakfast
Read your favourite book	Read inside a blanket fort	Read a book about animals	Read a book with a 'One Word' title



NO DEVICE FOR WRITING TIME?

TRY THESE IDEAS!

FOR DESIGNERS, **DRAWERS & GAMERS!**



Design

a new board game, or redesign an old one!

FOR FOOD LOVERS & ENTERTAINERS!

SHOPPING LISTS

Write a shopping list for

- o Your family
- Your next trip away Your next big family celebration



RECIPE WRITERS

Write a new recipe for

- A family meal
- A new dessert
- Bake off

MENU MADNESS



Create a menu for

- Your family
- Your birthday
- Our next school camp
- Term 4 School lunches

FOR THE PLANNERS & ORGANISERS



Plan a family holiday

- o Where will you go?
- Where will you stay? What will you do?



Plan your next birthday

- Where and when?
- Will you have a theme?
- What food and games will you have?



Plan an escape room

- What clues will you leave for people to solve?
- o Where will they be hidden?



NO DEVICE FOR MATHEMATICS?

TRY THESE IDEAS!

PLAY GAMES TOGETHER!



You can play...

Cards, Board games, Counting games etc. Tally your scores!

MEASUREMENT

BAKING

Do some baking and talk about the quantities and measurements.

PAPER PLANES

Design some paper planes and test how far your designs can fly. Which design is best?

OLYMPICS

Create your own Olympic games. Measure how you do in high jump, long jump and throwing.

LEGO

Use lego or other blocks to measure objects around your home. Can you use them to work out the length, perimeter and area of things?

GEOMETRY



Design and draw

- o A Tukutuku panel
- o Symmetrical shapes try flipping, rotating and reflecting them to create patterns and designs



Cut and fold

- o Chatterboxs
- o 3D Nets cubes, prisms
- o Snowflakes



Origami

What new ideas can you come up with?



PHYSICAL EDUCATION

Healthy Body - Healthy Mind - be active:



CLIMB A TREE

Start a challenge with some friends - how many push ups, pull ups, burpees etc can you do in 1 minute?

Video yourself as proof!

RUN AROUND THE BLOCK

Practise a skill based on a sport/game you are wanting to develop.

MOW THE LAWNS

WASH THE CAR



Do chalk drawings on the fence
- share positive messages for
people to read as they pass by
your house

GO FOR A WALK

Create a dance to share with your family and friends.

PLAY HOPSCOTCH

Record yourself performing a talent - it might be a dance, handstands, standing front flips...

FAN CLUB

Write a letter and email it to your favourite athlete telling them why you are a fan, ask them about what drives them and about their journey to where they are with their sport.

GAME BREAKER

Invent a new sport/game create the rules, give it a unique name, develop a scoring system, make a video or write instructions on how to play.



HEALTH AND WELLBEING CHALLENGE



Complete 1 Health Activity and 1 Physical Activity each day! Keep a record of the ones you have done.

Physical Activity

Week long activity

Go for a run from your bedroom to your letterbox 5x Get a buddy to time you each time. Try and do it faster each day! Record your results



Health Activity

Watch a video about the human body and complete the quizzes afterwards.



<u>How the Body Works Main Page -</u> <u>Nemours KidsHealth</u>

Te Reo / Physical Activity

Count out the Maori numbers to ten while doing push ups. Repeat this 3 times.



Health Activity

Using the <u>Alphabet Key</u>: Name a fruit or vegetable for each letter of the alphabet



Health Activity

Cold-water shock is when a person is completely immersed in cold water very quickly, especially on a hot day. It can cause muscles to spasm and blood pressure to increase. It may cause a person to take a sudden gulp of water.

What can you do to avoid the effects of cold-water shock?



Physical Activity

Video yourself completing 30 star jumps - non stop!

Share the video with your teacher they might share their video of them doing it back :)



Health Activity

Often we are busy and our brains can get overloaded. So, we may find it difficult to switch off and relax. If we don't relax and allow our brains to rest, we may be more likely to experience physical, emotional and mental health issues.

Make a copy of What is it that helps your brain relax? and write in your ideas and ways of relaxing in the thought bubbles. Ideas: turning all devices off, reading a book, getting the correct amount of sleep.



Physical Activity

Video yourself completing a 20 second plank - name as many vegetables as you can in that 20 seconds!

Share the video with your teacher - be creative!

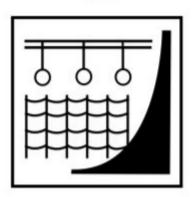


HEALTH AND WELLBEING CHALLENGE - Page 2



Physical Activity

Create an obstacle course in your house or yard and time yourself, and others, to see who can get through it in the fastest time! Modify it to better suit the different people in your whanau.

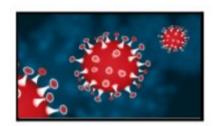


Health Activity

Biology for Kids: Immune System

Learn about how your body fights bacteria and viruses.

Create a presentation to show your learning - explain to your audience how your body is fighting against germs everyday!



Physical Activity

Create a 5 minute workout that raises your heart rate and involves exercising the following 3 muscle groups:

- 1. arms
- 2. abs
- 3. legs

Use different household items.
Video your workout and challenge
your friends and teachers to complete
it too!



Health Activity

Looking after mental health and wellbeing during COVID-19

Read the document and record something that you do in each area: Connect, Notice, Be Active, Give, Keep Learning, Time in Nature that supports your own and/or others wellbeing.

Share it with your teacher and classmates as it will help them feel better in this time of change, stress and difference we are currently experiencing due to Covid - 19



Health Activity

New Zealand has a very high number of drownings each year. In 2018, there were almost 70 drownings that could have been prevented. There were also over 200 people hospitalised due to drowning related incidents. Most of these drowning incidents happened in open waters, such as lakes, rivers and oceans.

What steps can you take to ensure that you and your family are safe around open water?



Physical Activity

Video yourself completing 10 sit ups non stop - count out loud in Te Reo as you do them!



Health Activity

Health for Kids | A fun and interactive resource for learning about health

'Play' some of the games and make a slideshow/powerpoint outlining the new learning you discover as a result.



Physical Activity

Make your own workout video!
Watch these videos - follow along to
get the idea about how you should
feel after finishing the workout then
choose your own song and get
creative!

Baby Shark

Cha Cha Slide





MORE HEALTH AND WELLBEING IDEAS

MASTER CHEF

Use your Food Tech skills and make your whanau a meal. Plan and create a menu, work out the ingredients and recipes you'll use. Take photos of your efforts from planning to serving and eating - your very own Lockdown Master Chef experience.

#ARTY FARTY

Be creative! Draw, colour in or do some art to express yourself.



HAVE YOU CHECKED IN LATELY?

skede

Tell us how Lockdown is going for you!

GRATITUDE WALL

Create a whanau gratitude
wall for your house organise it so that everyone
in your home leaves
positive messages about
each other and what they
are grateful for - add a
different message each day
of lockdown.

#NEW IS GOOD

Try something new that you've been thinking about doing but never quite got around to... write a song, learn an instrument, yoga or even cleaning your room:-)



BETHER STAR YOU AREA

CHARADES

Play Charades.
Act our anything and the audience has to guess what you are doing.

MOVIE MAKING

Use Lego characters and other small toys to make a stop motion movie.

Download the Stop motion App.

DANCE & DRAMA

MARKETING AND BLOOPERS

Create an advertisement for a TV ad. Choose a product or create your own. Write a script. Try using a storyboard to help you.

OR

Choose an ad on TV. Rewrite it and make it funny!

PAPINT 'TIK TOK'

Create your own private

"Tik Tok" video.

(You do not need to post it online)

Ask your family to get involved. If you are brave enough, share it with your teacher.

Vanitan@papint.school.nz

DANCE & SING

Make up a cultural dance with movements you already know

OR try writing a new song.

CHANTS

Think up a chant for any topic you are interested in. Remember to select some words related to the topic and use repetition, rhyme, movement, different types of singing and energies!

MIME

Create a funny mime to share with your family.

Remember: you can't use words - only gestures, movement and facial expressions.



SOFT MATERIALS

TRY THESE IDEAS!

I SPY WITH MY LITTLE EYE...

Look in drawers and cupboards, on top of furniture, on walls, and even outside, and list the fabrics, textiles, soft material items you have.

DO NOT INCLUDE ANY CLOTHES.

- o What is the item?
- o What do you think the material is?
- o How many items have you found?

ORTRY

Learn to finger knit, french knit, or braid friendship bracelets.

PATTERN PIECES

Have a go at making **pattern** pieces for:

A SHIRT

A t-shirt: button down with collar and yoke (separate piece around the back of your shoulders/neck), pockets, shaping at the bottom hem, sleeve length.

A HAT

The pieces will depend whether it is a baseball style or bucket hat, etc. (knitted hats don't count!).

JEANS

Remember things like front and back pockets, maybe the small key/coin pocket, belt loops, waist band, the piece above the back pockets (have a careful look at your own jeans).

lindan@papint.school.nz

JUNK MAIL



Grab brochures from the letterbox

o Are there any soft materials advertised in them?



Record your findings

- o Name of store/shop
- o Item you found
- o Any interesting features



"I saw fluffy toy hats with scarf attachments that you can pump/squeeze with your hand and it made the ears pop up at Spot light, ha ha ha!" - Mrs Nicholls



MUSIC AND VISUAL ARTS

MAKE MEKIE MUSIC

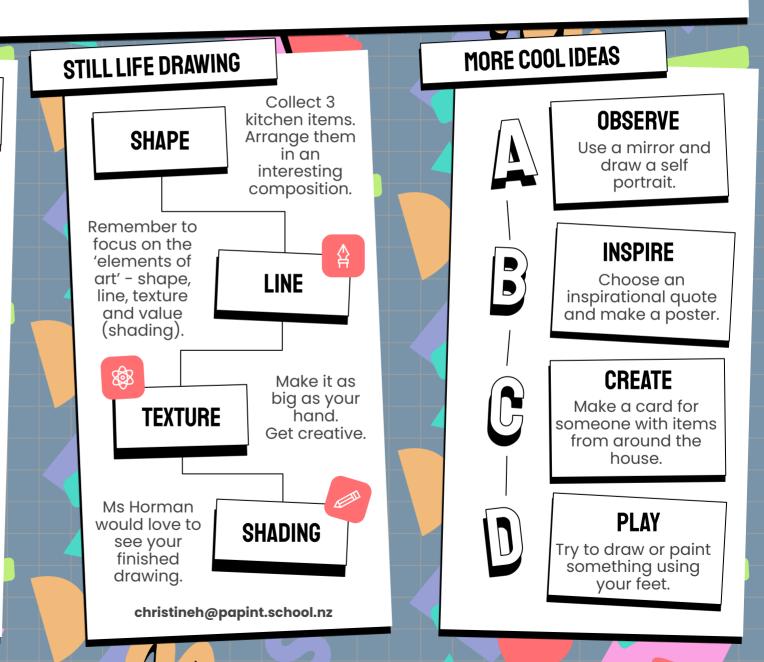


Using household items or something outside, create your own musical instrument.

You could use things like buckets for drums, strings and rubber bands for guitars, bottles with water to create different pitches and heaps more!

Why not share your Mekie Music with your teacher and Mr McKenzie?.

hamishm@papint.school.nz





EDUCATION 4 SUSTAINABILITY

GARDENS

Help to weed the gardens. Start a new garden from off cuts.



SEEDLINGS



Try growing some seedlings in an egg carton.

WASTE

Consider how you will recycle as much as possible.

Find creative ways to reuse throw away items.



CULTURAL GROUPS

SCHOOL WAITA AND KARAKIA

Practice our school song and karakia. Learn and practice your pepeha.

DANCE PRACTICE

If you are in a performance group - spend some time practicing your dance.

CAN YOU SING THE SCHOOL SONG WITHOUT LOOKING AT THE WORDS?

Practice the school song for at least one day that you are at home. Can you sing the school song without looking at the words yet?

Papint Song

E mihi atu kia koutou nau mai haere mai

Nau mai haere mai ki te kura o papatoetoe tuatahi

Ka haumaru ki tenei wahi

Whirinaki kia matou

Mauria mai te ahua pai

He rite ta tatou i whakaute i nga tangata katoa

Anei ki te kura o papatoetoe tuatahi

Anei ki tenei kura